

LABORERS' NATIONAL HEALTH & WELFARE FUND

5565 STERRETT PLACE, SUITE 210
COLUMBIA, MD 21044
(800)-235-5805

December 1, 2005

IMPORTANT NOTIFICATION

Please be on the lookout for a new Health and Welfare ID Card

**TO: All Eligible Participants and Dependents of the
Laborers' National Health and Welfare Fund Plans**

The Board of Trustees of the Laborer's National Health & Welfare Fund hereby announces the following:

After a thorough search a new Preferred Provider Organization "**CIGNA Healthcare**" will be utilized beginning January 1, 2006. You should have or will soon receive this card. You must present this card to your provider at the time of each service for you or your eligible family members.

This change will better serve the members of the Health and Welfare Fund with more Doctors and Hospitals to choose from and additional benefits such as a 24 hour nurseline.

Your primary contact will continue to be the LNHWF Fund Office at (800) 235-5805, however you will need to utilize the phone numbers below to verify your current Doctor or find a Doctor in the CIGNA Healthcare PPO Network.

If you do not receive your new Identification Card by December 31, please call the Laborers' National Health and Welfare Fund Office at (800)-235-5805.

You can call (800) 768-4695 to contact CIGNA to look for or see if your Doctor participates in their PPO network, or you may check their easy to use website at www.cigna.com/SA-PPO2 to search for a Doctor or Medical Facility.