

Laborers' National Health & Welfare Fund

10440 Little Patuxent Parkway, Suite 700
Columbia, MD 21044
(800)-235-5805

December 10, 2010

TO: All Eligible Participants and Dependents of the
Laborers' National Health and Welfare Fund

Re: Revised COBRA Rates

The Board of Trustees of the Laborers' National Health & Welfare Fund after an actuarial review has revised (-9.2%) the rates for COBRA coverage effective March 1, 2011 as follows:

<u>PLAN I</u>	<u>Core Only</u>	<u>Core and Non-Core</u>
Single:	\$ 227.61	\$ 253.38
Family:	\$ 614.55	\$ 672.86
<u>PLAN II</u>	<u>Core Only</u>	<u>Core and Non-Core</u>
Single:	\$ 307.42	\$ 341.76
Family:	\$ 830.03	\$ 907.53

If you are currently paying COBRA premiums, please adjust your payments accordingly. If you have paid in advance, the balance for the month is due no later than the end of the month for the appropriate month of coverage.

Sincerely,

Trustees of the Laborers' National Health & Welfare Fund